
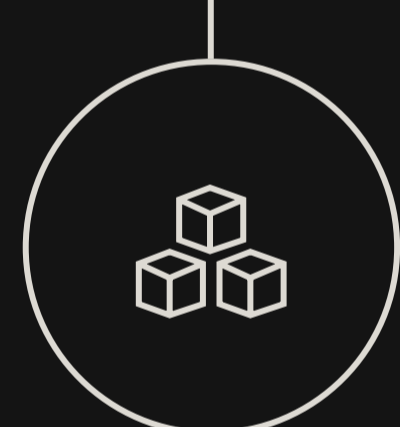

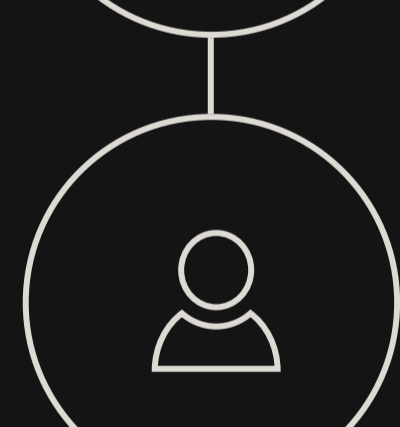
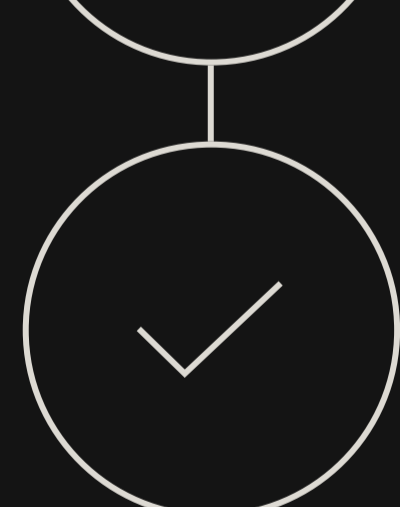


## OUR PROGRAM

# Build resilience that lasts with workshop training and self-led tools, backed by science and led by experts.

Chimney Trail Health's Waypoint Kit program delivers Cognitive Behavioral training (CBt) through a kick-off seminar followed by the delivery of four activities shipped bimonthly for the following six months. Each kit includes practical tools and hands-on activities to build lasting skills for mission readiness and iron WARRIOR ETHOS.

-  1. PROVEN TOOLS
-  2. SERIALIZED TRAINING
-  3. PREVENTION-FOCUSED
-  4. GENERALIZABLE
-  5. SOMETHING REAL



## FORGE THE AMERICAN WARRIOR ETHOS TOGETHER.

# What you get

Chimney Trail Health hosts a **seminar for military** members on Prospect Theory and Cognitive Behavioral Theory, designed by experts. The seminar focuses on enhancing resilience, preventing crises, and improving performance.



Participants receive **four Waypoint Kits** over six months post-seminar to reinforce learning and support behavior change. Kits use bibliotherapy, kinesthetic learning, and quality gear to forge warrior ethos.

## WHO WE SERVE

Of course we do business with elite professional teams and Fortune 500 corporations but, we **EXIST** to serve our U.S. Armed Forces. From your first day of boot camp to your VA-sponsored transition to civilian life, we're with you no matter where in the world you find yourself deployed.

“

**I got more out of this training than I have gotten out of 4 years of therapy.**

**- Cadet 1/c**  
Air Force ROTC

# How to get started now

1

## **CONTACT CHIMNEY TRAIL**

Contact Chimney Trail at:  
+1 (720) 930 5390  
matthew@chimneytrail.com  
carl@chimneytrail.com

2

## **CUSTOMIZE & PURCHASE**

Work with Chimney Trail's existing contract vehicle or make an open purchase with your command GPC. Contact Chimney Trail for details.

2

## **SCHEDULE KICK-OFF**

Hard schedule a kick-off seminar with the CTH business office team.



# When the only way is through



✉ matthew@chimneytrail.com

☎ +1 (720) 930 5390

🌐 www.chimneytrailhealth.com



EIN: 83-1203435  
UEI: YEABYLXG9A35  
CAGE Code: 9CN06